



United Shotokan Karate  
Presents:



# USK Karate Championship

## February, 7<sup>th</sup> 2009



West Cary Middle School  
1000 Evans Road  
Cary, NC 27513  
919-461-9708



### Don't Miss The Opening Ceremony



# 空手道



# \$1000

**Tournament Director: Sensei Mohsen Mahmoud**  
For More Information Contact United Shotokan Karate  
919-461-9708 [unitedshotokankarate@yahoo.com](mailto:unitedshotokankarate@yahoo.com)  
Or visit [www.unitedshotokankarate.com](http://www.unitedshotokankarate.com)



# USK Karate Championship 2009



<b>Date &amp; Times:</b>	<p align="center"><b>Saturday, February 7, 2009</b></p> <p align="center">Registration Opens 8:00 AM, Black Belt Meeting 9:00 AM Opening Ceremony 9:30 AM, Competition Begins 10:00 AM</p>
<b>Location:</b>	<p align="center"><b>West Cary Middle School</b> 1000 Evans Road cary, nc 27513</p>
<b>Contestant Fee:</b>	<p align="center">Pre-Registration Fee: \$50. Door Registration Fee \$65 One fee for all individual events entered. Team Kata Fee \$60/Team</p>
<b>Pre-Registration:</b>	<p>Register in advance by mail. Advance applications must be postmarked before January 22, 2009. Return the attached application, completed and signed, with the fee to:</p> <p align="center"><b>United Shotokan Karate</b> <b>910 NE Maynard Road</b> <b>Cary, NC 27513</b></p> <p align="center">Personal checks, money orders and certified checks accepted - do not mail cash. Make checks payable to: United Shotokan Karate</p>
<b>Door Registration:</b>	<p align="center">Only money orders, certified checks and cash will be accepted. Make checks payable to: United Shotokan Karate</p>
<b>Refunds:</b>	<p align="center">No refunds will be made.</p>
<b>Spectators:</b>	<p align="center">Spectator admission \$5.00, cash only. Children under 5 enter free.</p>
<b>Skill Levels:</b>	<p align="center"><b>Beginner:</b> white-yellow-orange belts; <b>Novice:</b> blue-green belts; <b>Intermediate:</b> purple-brown belts; <b>Advanced:</b> black belts</p>
<b>Divisions:</b>	<p align="center">Junior Division: 6 &amp; Under, 7-9, 10-12 Youth Division: 13-14, 15-17 Adult Division: 18-34, 35 &amp; up</p>
<b>Awards:</b>	<p>1st, 2nd, 3rd place winners in all events will receive trophies. Junior Division winners may compete for Grand Champion in kata and weapons. Youth Division winners may compete for Grand Champion in kata and weapons. Grand Champions in Junior and Youth Divisions will receive special trophies. First place Adult Division winners may compete for Tournament Grand Champion in kata and kumite. Tournament Grand Champions will receive \$500.00 prize each.</p>
<b>Equipment:</b>	<p>Contestants in kumite must have protective headgear, padded foot and hand gear, and mouthpiece. Male kumite contestants must wear a groin cup. Safety glasses with headband will be the only eyewear allowed. No jewelry will be worn.</p>
<b>Regulations:</b>	<p>The Tournament Director, Sensei Mohsen, will specify rules for judging kata and kumite during the Black Belt Meeting.</p>

# Tournament Divisions

## BLACK BELT DIVISIONS

### **WEAPONS**

Black Belt Men (18-34)  
Executive Black Belt (35 & Up)  
Black Belt Women (18-34)  
Executive Black Belt (35 & Up)

### **KATA**

Traditional Men Kata (18-34)  
Open Men Kata (18-34)  
Traditional Exec. Men (35 & Up)  
Open Exec. Men (35 & Up)  
Traditional Women Kata (18-34)  
Open Women Kata (18-34)  
Traditional Exec. Women (35 & Up)  
Open Exec. Women (35 & Up)

### **BLACK BELT MEN'S KUMITE**

Traditional (Lightweight 18-34)  
(Heavyweight 18-34)  
Open (Lightweight 18-34)  
(Heavyweight 18-34)  
Traditional Executive (35 & Up)  
Open Executive (35 & Up)

### **BLACK BELT WOMEN'S KUMITE**

Traditional (18-34)  
Open (18-34)  
Traditional Executive (35 & Up)  
Open Executive (35 & Up)

## ADULT UNDER BELT DIVISIONS

### **MEN'S WEAPONS, KATA & KUMITE 18 & 34**

White/Yellow/Orange Belts  
Blue/Green Belts  
Purple/Brown Belts

### **EXECUTIVE MEN'S WEAPONS, KATA & KUMITE 35 & Up**

White/Yellow/Orange Belts  
Blue/Green Belts  
Purple/Brown Belts

### **WOMEN'S WEAPONS, KATA & KUMITE 18 & 34**

White/Yellow/Orange Belts  
Blue/Green Belts  
Purple/Brown Belts

### **EXECUTIVE MEN'S WEAPONS, KATA & KUMITE 35 & Up**

White/Yellow/Orange Belts  
Blue/Green Belts  
Purple/Brown Belts

## JUNIOR DIVISIONS

### **WEAPONS BOYS & GIRLS**

6 and Under Beginner  
6 and Under Novice & Up  
7 - 9 White/Yellow/Orange  
7 - 9 Blue/Green  
7 - 9 Purple/Brown  
7 - 9 Black  
10 - 12 White/Yellow/Orange  
10 - 12 Blue/Green  
10 - 12 Purple/Brown  
10 - 12 Black

### **KATA BOYS & GIRLS**

6 and Under Beginner  
6 and Under Novice & Up  
7 - 9 White/Yellow/Orange  
7 - 9 Blue/Green  
7 - 9 Purple/Brown  
7 - 9 Black  
10 - 12 White/Yellow/Orange  
10 - 12 Blue/Green  
10 - 12 Purple/Brown  
10 - 12 Black

### **GIRLS KUMITE**

6 and Under Beginner  
6 and Under Novice & Up  
7 - 9 White/Yellow/Orange  
7 - 9 Blue/Green  
7 - 9 Purple/Brown  
7 - 9 Black  
10 - 12 White/Yellow/Orange  
10 - 12 Blue/Green  
10 - 12 Purple/Brown  
10 - 12 Black

### **BOYS KUMITE**

6 and Under Beginner  
6 and Under Novice & Up  
7 - 9 White/Yellow/Orange  
7 - 9 Blue/Green  
7 - 9 Purple/Brown  
7 - 9 Black  
10 - 12 White/Yellow/Orange  
10 - 12 Blue/Green  
10 - 12 Purple/Brown  
10 - 12 Black

### **TEAM KATA**

6 - 12 Boys & Girls  
13 - 17 Male & Female  
18 & Up Men & Women  
All Belts

## YOUTH DIVISIONS

### **WEAPONS BOYS & GIRLS**

13 - 14 White/Yellow/Orange  
13 - 14 Blue/Green  
13 - 14 Purple/Brown  
13 - 14 Black  
15 - 17 White/Yellow/Orange  
15 - 17 Blue/Green  
15 - 17 Purple/Brown  
15 - 17 Black

### **KATA BOYS & GIRLS**

13 - 14 White/Yellow/Orange  
13 - 14 Blue/Green  
13 - 14 Purple/Brown  
13 - 14 Black  
15 - 17 White/Yellow/Orange  
15 - 17 Blue/Green  
15 - 17 Purple/Brown  
15 - 17 Black

### **BOYS KUMITE**

13 - 14 White/Yellow/Orange  
13 - 14 Blue/Green  
13 - 14 Purple/Brown  
13 - 14 Black  
15 - 17 White/Yellow/Orange  
15 - 17 Blue/Green  
15 - 17 Purple/Brown  
15 - 17 Black

### **GIRLS KUMITE**

13 - 14 White/Yellow/Orange  
13 - 14 Blue/Green  
13 - 14 Purple/Brown  
13 - 14 Black  
15 - 17 White/Yellow/Orange  
15 - 17 Blue/Green  
15 - 17 Purple/Brown  
15 - 17 Black





# USK Karate Championship 2009

West Cary Middle School  
1000 Evans Road  
Cary, North Carolina 27513



**February 7, 2009 Opening Ceremony 9:30 AM**

## Registration Form

Name: \_\_\_\_\_ Date of Birth m/d/y: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

School: \_\_\_\_\_ Instructor: \_\_\_\_\_

Remit Registration Fees to: United Shotokan Karate 910 NE Maynard Road, Cary, NC 27513

	Pre-Register (Before 1/22/09)	Door Register (After 1/22/09)
Weapons Kata & Kumite	\$50.00	\$65.00
Team Kata	\$60.00	\$80.00

Gender	Age	Skill Level	Events Entered
<input type="checkbox"/> Male <input type="checkbox"/> Female	Age on 2/9/09  _____	<input type="checkbox"/> Beginner (White-Yellow Orange) <input type="checkbox"/> Novice (Green-Blue) <input type="checkbox"/> Intermediate (Purple-Brown) <input type="checkbox"/> Advanced Traditional (Black) <input type="checkbox"/> Advanced Open (Black)	<input type="checkbox"/> Weapons <input type="checkbox"/> Kata <input type="checkbox"/> Kumite <input type="checkbox"/> Team Kata

### Athletic Waiver and Release of Liability

In order for my child or me to participate in the USK Karate Championship 2009, I agree to assume the risks incidental to such participation and, on my own behalf and on behalf of my heirs, executors and administrators, release and forever discharge the released parties defined below, of and from all liabilities, claims, actions, damages, costs or expenses of any nature arising out of or in any way connected with participation of my child or me in such activity and further damages, costs or expenses, including, but not limited to, attorney's fees and disbursements. For this event, the released parties are United Shotokan Karate, City of Raleigh Parks and Recreation Department, Amateur Athletic Union, American Martial Arts Alliance, LLC & AMAA Sport Karate League its officers, its affiliated clubs, Regional sports organizations, their respective administrators, directors, agents, coaches and other employees, staff, official and volunteers of the organization, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessees of premises used to conduct the event. I understand that this release and indemnity agreement includes any claims based on the negligence, action, or inaction of any of the above released parties and covers bodily injury (including death) and property damage, whether suffered by myself or my child, before, during or after such participation. I declare that I and/or my child is physically fit, and has the skill level required to participate in this particular event. I further authorize medical treatment for my child or myself at my costs, if the need arises. I grant the released parties the right to photograph and/or videotape me and further to use my name, face, likeness, voice and appearance in connection with the exhibitions, publicity, advertising, and promotional materials without reservation or limitation.

\_\_\_\_\_  
Signature of Contestant

\_\_\_\_\_  
Signature of Parent/Guardian (if under age 18)



# USK Karate Championship 2009

West Cary Middle School  
1000 Evans Road  
Cary, North Carolina 27513



**February 7, 2009 Opening Ceremony 9:30 AM**

## Team Kata Registration Form

Team Name: \_\_\_\_\_ School: \_\_\_\_\_

School Address: \_\_\_\_\_ School Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Remit Registration Fees to: United Shotokan Karate 910 NE Maynard Road, Cary, NC 27513

	Pre-Register (Before 1/22/09)	Door Register (After 1/22/09)
Team Kata	\$60.00	\$80.00

Contestant Name:	Age	Gender	Skill Level

### Athletic Waiver and Release of Liability

In order for my child or me to participate in the USK Karate Championship 2009, I agree to assume the risks incidental to such participation and, on my own behalf and on behalf of my heirs, executors and administrators, release and forever discharge the released parties defined below, of and from all liabilities, claims, actions, damages, costs or expenses of any nature arising out of or in any way connected with participation of my child or me in such activity and further damages, costs or expenses, including, but not limited to, attorney's fees and disbursements. For this event, the released parties are United Shotokan Karate, City of Raleigh Parks and Recreation Department, Amateur Athletic Union, American Martial Arts Alliance, LLC & AMAA Sport Karate League its officers, its affiliated clubs. Regional sports organizations, their respective administrators, directors, agents, coaches and other employees, staff, official and volunteers of the organization, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessees of premises used to conduct the event. I understand that this release and indemnity agreement includes any claims based on the negligence, action, or inaction of any of the above released parties and covers bodily injury (including death) and property damage, whether suffered by myself or my child, before, during or after such participation. I declare that I and/or my child is physically fit, and has the skill level required to participate in this particular event. I further authorize medical treatment for my child or myself at my costs, if the need arises. I grant the released parties the right to photograph and/or videotape me and further to use my name, face, likeness, voice and appearance in connection with the exhibitions, publicity, advertising, and promotional materials without reservation or limitation.

Contestant's Name

Signature of Parent/Guardian (if under age 18)

1 \_\_\_\_\_

\_\_\_\_\_

2 \_\_\_\_\_

\_\_\_\_\_

3 \_\_\_\_\_

\_\_\_\_\_



# TEAM KATA



Traditionally, martial artists have performed katas not only as individuals but also as a team. In team kata three martial artists perform the same kata simultaneously, in order to perfect their individual technique while synchronizing their movements. Team katas are judged by: speed, power, technique and synchronization. Continuing in this tradition United Shotokan Karate includes team katas as a part of training and competing. Everyone is welcome to register a team to participate in this event at the USK Karate Championship Open 2009.

## **Directions and Hotels**

### **ACCOMMODATIONS:**

Hotel accommodations have been made at the Hampton Inn & Suites for a special group rate of \$89/night. Reservations should be made under 'USK Karate Computation' its preferred 3 weeks before the competition.

**Hampton Inn & Suites**  
Raleigh / Cary Hampton Inn & Suites  
111 Hampton Woods Lane  
Raleigh, NC 27607  
(919) 233-1798  
(2 miles away)